

In Brief**Dementia workshop**

THE National Museum Cardiff is holding a Dementia Friendly Workshop for people living with dementia, their friends, families and carers.

The workshop will take place on Friday, March 4, from 10.30am-1pm.

Refreshments will be provided.

Places are limited. To book a place please call 029 2057 3240.

Cook some tasty treats

JOIN in a fun day of cooking some naughty but nice recipes.

You will learn how to create new dishes and get to eat and take home your creations.

Workshops are on Wednesday, March 2 and Saturday, March 5, from 10am-3pm at Nantgarw College.

Call 01443 668813 to book your place.

Love was all around for little Cian's 5th birthday

CIAN Case was strong enough to spend a weekend at home and wake up in his own home on his fifth birthday.

Little Cian, from Llanharan, is "making extremely good progress" in his fight against cancer, say his family, and he enjoyed his birthday at home surrounded by his family and some special party guests.

Dad Richard said: "For a couple of weeks, Cian had only been spending a few hours at home on a Sunday, but all of a sudden everything was starting to fall into place.

"Cian's specialist bed and mattress was delivered on Wednesday and all his medical supplies and feeds arrived on Friday.

"The fact that Cian's first overnight culminated with him waking at home on his birthday was pure chance, but a fantastic subplot to his journey; and his birthday being Valentine's Day

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just makes it a little more special.

"He had lots of presents to open and a little treasure hunt for him and his brother and sister Dylan and Bethany to do.

"We have to thank our LATCH Social Worker Kathy, as she managed to organise, via Little AJs Parties, for three Paw Patrol mascots, Ryder, Marshall and Skye, to visit the house.

"Cian had a fantastic time at home celebrating his birthday and he didn't complain about going back to Noah's Ark with mum."

Cian was diagnosed with cancerous spinal and brain tumours before Christmas, and recently finished an intensive course of radiotherapy.

After six weeks and 29 doses, the Llanharan Primary School pupil com-

pleted that part of his treatment and now the youngster, who also underwent an operation to remove a tumour, resumed his chemotherapy on Monday.

"Cian is making extremely good progress and has exceeded the expectations of the healthcare professionals thus far," said Richard, who is married to Lorraine.

"But there is still a long way to go."

Despite this gruelling treatment, the youngster, who along with other patients at the Children's Hospital of Wales in Cardiff received a visit by footballer Gareth Bale on Christmas Eve, has not lost his mischievous personality.

In a video his family have posted on their blog, which they are writing to promote awareness of his condition, Cian can be seen going through his physiotherapy with a big smile.



Cian celebrates his birthday with the Paw Patrol mascots, brother Dylan and sister Bethany

on the ward of the Children's Hospital of Wales.

Richard added: "The thought of Cian not making it to his fifth birthday was inconceivable before late November; but during

the dark days in mid December I would have given anything to ensure that he would get to celebrate his special day."

■ To follow Cian's blog, visit www.ciansstory.uk

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